

Playing & Training Out of Club Policy

As a registered player with Ottawa South United (OSU) it is our responsibility to ensure that the soccer activities in which you participate within are safe and permissible by our governing bodies and consistent with OSU's club philosophy and objectives. Such activities include: exhibition games, practice matches, tournaments, league games, training programs, camps or individual training.



We do recognize that at times our players may seek additional training or similar opportunities while travelling within North America and abroad. OSU has an extensive network to help facilitate such opportunities, and those interested should contact the Club Technical Director.

Registered players within OSU may under no circumstances join other soccer activities, external to OSU, without the consent of either the Club Technical Director or General Manager. If you are unsure whatsoever, we urge you to reach out via email or a phone call immediately and prior to any participation. The club reserves the right to suspend any player from any OSU team or OSU activities if the protocol described is not followed.